# Frequently Asked Questions



#### What is Home Care?

Home care provides support services that help individuals remain safely at home, including help with personal care, medication reminders, and light housekeeping.

## Who is eligible for Home Care?

Eligibility is determined through an assessment. Generally, individuals who need assistance with daily activities and can be safely cared for at home may qualify.

#### What services are offered?

Services include personal care (bathing, dressing), companionship, meal prep, medication reminders, and help with mobility and household tasks.

## Who provides the care?

Care is provided by trained and certified Home Health Aides (HHAs) under the supervision of a nurse.

#### How is care coordinated?

A nurse develops a personalized care plan and supervises services to ensure needs are met and adjustments are made as needed.

# Is Home Care covered by insurance?

Home care may be covered by Medicaid, Managed Long Term Care (MLTC) plans, or private pay. Coverage depends on eligibility and plan specifics.

# Can I choose my caregiver?

Yes, in many cases, you can request a specific aide or have a family member trained and employed to provide your care.

## Is language or cultural background taken into account?

Yes. Whenever possible, clients are matched with caregivers who speak their language and understand their cultural preferences.

# How quickly can services start?

Services can begin promptly after the assessment and authorization process, sometimes within a few days.

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