



HAUSER  
REHABILITATION  
CENTER





## **WELCOME TO HAUSER REHABILITATION CENTER AT RIVERSPRING LIVING**

The Hauser Rehabilitation Center is located on the beautiful 32-acre RiverSpring Living campus, in Riverdale, New York. Our dedicated and compassionate team is looking forward to caring for you during your post-hospitalization stay.

Here are some important tips and information about life at the Hauser Rehabilitation Center.

## DURING YOUR FIRST WEEK

Upon admission, one of our physicians will meet with you and conduct a full assessment of your rehabilitation needs to ensure all of your medications and treatments are ordered promptly. At the same time, our team of nurses and nursing assistants will assist with your transition so you feel as comfortable as possible, as quickly as possible.

Over the first couple of days you will also be introduced to your extended care team, which may also include a physical and occupational therapist, speech language pathologist, dietitian, social worker, therapeutic activities staff, and care manager. Each will answer your questions and discuss your individualized plan of care.



## ALL IN THE FAMILY

We invite your family to visit throughout your stay during our visiting hours (9AM-8PM).

With your approval, we will invite your family to participate in care team meetings to discuss your progress and needs to ensure smooth transitions in care.

## LAUNDRY

If you choose our complimentary laundry service, our housekeeping team will pick up twice weekly and returned the following day. We recommend bringing two weeks' worth of clothing so you always have clothes to wear. If your family prefers to do the laundry themselves during your stay, please alert a member of the Care Team.





## **BEAUTY PARLOR**

Because we know and understand the connection between looking and feeling good, we are proud to provide multiple beauty services. These include shaves, haircuts, coloring, wash and sets, manicures and more. Costs are deducted from an individual's Resident Bank Account. Please contact your Care Team to help set up services at the Beauty Parlor.

## **NON-SMOKING CAMPUS**

RiverSpring Living is a non-smoking campus. For the convenience of you and your family members, a designated smoking area is located outside the security gate.

## **MEDICAL CONSULTANTS**

For your convenience, we have a variety of medical consultants on campus. Please inform us as early as possible for all outside physician appointments in order to assist in arranging transportation. We require a family member or private companion to escort you to these appointments.



## AMENITIES

Amenities available throughout your stay:

- Derfner Judaica Museum + Art Collection
- Bi-weekly concerts • Art studio classes • Dynamic wellness classes
- Multidenominational religious programs • Outdoor sculpture garden
- Daily activities and enrichment programs • Pet therapy • Café

## ADVANCE DIRECTIVES

In order to ensure that the Hauser Rehabilitation Center respects your wishes, the Care Team will discuss advance directives with you and/or your family, including Health Care Proxy (HCP), Power of Attorney and others.

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We welcome you to our community and look forward to being part of your speedy recovery!

# YOUR FAMILY'S POST-HOSPITAL DISCHARGE GUIDE

When your loved one leaves the hospital, preparation is key. At RiverSpring Living, we help you navigate each step with confidence, comfort, and compassion. Here are 7 tips to help you!

## 1. Meet with the Discharge Planner

- Schedule this meeting early.
- Review you or your loved one's condition, medications, and insurance coverage.

## 2. Review the Discharge Plan

- Understand the care needed—whether at home or in a post-acute rehab facility.
- Arrange follow-up appointments and necessary referrals.

## 3. Confirm Insurance & Costs

- Know which services Medicare, Medicaid, or private insurance covers.
- Plan for any out-of-pocket expenses.

## 4. Arrange Post-Hospital Care

- Connect with admissions coordinators if moving to a care facility.
- Request help managing medications and comfort needs.

## 5. Prepare for the Return Home

- Arrange in-home services and medical equipment.
- Learn how to assist with daily living needs or physical therapy.

## 6. Ask Key Questions Before Discharge

- What medications are needed? Any side effects?
- Are there wound care or dietary instructions?
- What are the physical limitations?
- Will new medical devices be required? How are they used?
- What are the warning signs something's wrong?

## 7. Keep Important Contacts Handy

Doctor \_\_\_\_\_

Emergency nurse line \_\_\_\_\_

Physical therapist \_\_\_\_\_

Pharmacy \_\_\_\_\_

Home health aides \_\_\_\_\_

Adult day care \_\_\_\_\_

Remember, RiverSpring Living is here to guide you every step of the way—no matter how your loved one's needs change. For more information, contact **718-581-1242**.



# GETTING TO RIVERSPRING LIVING

**Address:** RiverSpring Living  
5901 Palisade Avenue  
Bronx, NY 10471

## By Car

RiverSpring Living is located in the Riverdale section of the Bronx, just minutes from the Henry Hudson Parkway.

## If you're coming from Manhattan:

- Take the Henry Hudson Parkway North to Exit 22 (W 254th Street/Riverdale Avenue).
- Turn left at the light onto Riverdale Avenue.
- Turn left onto W 261st Street.
- Follow signs for RiverSpring Living.

## From Westchester County:

- Take the Saw Mill River Parkway South to the Henry Hudson Parkway South.
- Exit at 254th Street (Exit 22), and make a quick left onto 254th Street
- Turn right onto Riverdale Avenue.
- Turn left at W 261st Street and follow signs to RiverSpring Living.

**Parking:** Visitor parking is available at on-site at no cost.

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## By Public Transportation | From Manhattan via subway and bus:

- Take the I Train to 242nd Street (Van Cortlandt Park).
- From there, take the Bx9 bus toward Broadway and W 260th Street.
- Walk up towards Palisade Avenue and W 261st Street and continue a short distance walk via W 261st Street to our entrance.

## Or

- Take the I Train to 231st Street (W 231st Street and Broadway).
- From there, take the Bx10 or Bx7 bus toward Riverdale Avenue W 261st Street.
- Walk a short distance via W 261st Street to our entrance.

## From Manhattan via Express Bus:

- BxM1 or BxM2 – both express buses stop at W 261st Street and Riverdale Ave.
- Walk a short distance via W 261st Street to our entrance.

## From Metro-North:

- Take the Hudson Line to the Riverdale station.
- From the station, take the Hudson Rail Link (to Riverdale Ave and W 261st Street and walk a short distance via W 261st Street to our entrance) or take a taxi/rideshare to RiverSpring Living (about a 10 minute drive)